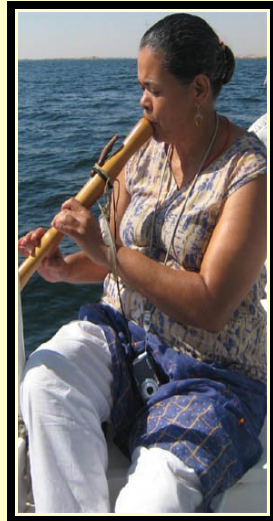
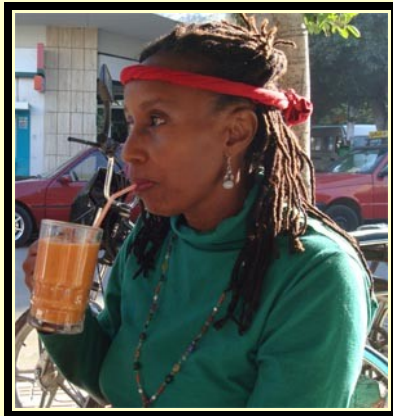


Trail of Dreams World Peace Walk

eupdate www.tdworldpeacewalk.org

Egypt • Greece • The Netherlands • Spain • Morocco



On the Trail with the Trail of Dreams Team

By Audri Scott Williams

On the Trail of Dreams World Peace Walk we have discovered that when people hear TDWPW everyone has a perception of what the walk is and most of these perceptions are in part correct.

Thinking about this, provides me the opportunity to share from my perspective, as visionary and member of the team, what the TDWPW is and how this meaning is translated or communicated into action.

The Trail of Dreams World Peace Walk is a 3 ½ year journey to fulfill a vision of walking around the world, holding an intention for global peace and transformation for the earth and for humanity. This vision came to me in April 2005. In the vision the basic route of the journey was given and any changes have come with confirmation in my prayers and meditation.

The vision indicated that it was time for me and those who felt the call of the vision, to “walk the talk”. It was no longer enough to speak of global peace and transformation; it was /is time to act, to step forward and be a demonstration of peace in action. Stepping forward into the vision would require a 3 ½ year commitment to follow in the path of the vision and trust implicitly that everything needed for the journey would come forward in the right moment; trusting that Divine Grace would be our covenant.

The first 6 months on the Trail initiated an internal alignment from my perception of what the walk really was about. Primarily we had to submit to a ceaseless process of releasing and allowing ourselves to be lead. This was not easy because we each came with a preconceived notion of what this walk would be. Just like the Masters say, we had to learn to, “empty our cup so that it could be filled.” Walking and holding the vision for peace has proven to be quite an undertaking. In any given moment we may be walking; praying; meditating; being still; researching; making travel arrangements; making contacts in the countries we are in as well as, the countries we are heading toward; general maintenance on ourselves and our equipment; making phone calls and emailing for financial support; supplies and organizing special gatherings in communities, developing materials (flyer's , brochures, articles) ; writing grants; networking; and building relationships.

The Walk is our opportunity to walk with peaceful intention; to radiate love, joy, compassion, healing, abundance and peace. To do so, we have discovered that we must always be aware of our feelings. We continue to learn that when negative or anxious feelings emerge they are generally related to us as a group embracing another level of trust, another level in our own healing, or even a foreshadowing of what is to come. Therefore we must continually process as a group to identify issues as they arise and to call each other on our own stuff. This prevents us from having to face all unnecessary obstacles along the way.

Trusting continues to require us to release our expectations and ideas about what the journey should be. Sometimes we may feel we should only stay in an area for 1 or 2 weeks but when we think it is time for us to move on, all of our resources shut down. It is during these times that we must surrender and wait for the right moment – at the right time to move forward. When we attempt to take matters into our own hands we are generally met with disappointments and hardships. It is a delicate balance, like a dance, to learn when to push and when to surrender.

As for community engagement, it can look like many different things from actually staying in community; to visiting schools and community based organizations; to being invited to have dinner with families and to speak at various functions, and participate in community walks. PEACE , Passionately ; Engaged; Affecting; Compassion/Community Everywhere means learning to communicate effectively in other countries where we do not speak the language, learning the customs as we do not seek to offend (especially when invited to someone's home and into their places of worship), learning how to move through communities in a peaceful engaging manner.

Now, 2 ½ years into the Trail of Dreams World Peace Walk, our days flow like this:

- Sunrise- Prayers & Chants, Yoga, Qigong www.springforestqigong.com
- Juicing; Prep for the day ; Getting Mama Natalie ready, Breakfast
- Walking 2-4 hours...Resting
- Internet ; networking, grants research, sending out articles, developing presentations, etc.
- Meet and Greet Communities, Networking
- Dinner
- Evening Prayers
- Relaxation/ Ceremony

So when you ask me or any member of the team what we do – do not be surprised when we have a sort of glazed over look in our eyes and a moment of hesitation before we babble on and on. Since we are **it** in many ways, we do not have someone to turn to who schedules our transportation; connects us with communities; solicits financial support, etc. We have learned to wear many hats at any given time and to be extremely resourceful in all aspects of the walk. We are also so full of gratitude and love for those who continue to support us financially, connecting us in various communities with organizations, families and friends, in their prayers, and who help us get through unexpected challenges along the way.

The Trail of Dreams Team is working on numerous projects including: the upcoming Beyond the Global Divide International Young Leaders Peace Summit in Ghana this summer, TDWPW Brazil/Peru; creating relationships with communities for our return to the USA which includes a Trail of Dreams World Peace Walk-A-Thon from New York City to Atlanta, GA from January-April 21, 2008. **Outcomes:** Since January we have written over 15 proposals, Karen has completed her healing meditation CD project, *To God Be The Glory*; Audri has written a chapter for a book soon to be published by Women of Spirit On line; Mama Nat is holding the energy; Rahfyia is working on BGD and organizing for the URI Global Assembly which will take place in India in November; Zenobia continues to weave her web of love around people everywhere we go. And, we continue to move forward on our path.



I've Come This Far by Knowing

by Karen Watson

While in Egypt I discovered a rather large lump in my right breast. The size and sudden appearance conjured up all kinds of feelings inside. On November 1st, following the BGD Peace Summit in Holland, I went to the doctor to begin a series of examinations. The news I received was not what I expected. The doctors diagnosed cancer.

I did not accept cancer as my reality. I treated it as a visitor that had come to help me grow and would return into the great stratosphere and rejoin the light from which it started. I am very optimistic. I know that I am Divine Love manifesting in this earth as Karen Hunter Watson and

that love is at work even as I speak, filling me with liquid healing light. I know that with the help of Creator, and my global family believing with me, I would overcome this and be victorious. By faith and knowing I was able to go through major surgery on Friday November 16, 2007 and have the tumor removed, and Saturday November 17, 2007 I came home ready for the next step of my journey.

Through this time of healing I have noticed some key things:



1. It is very important for me not to waste time and energy in second guessing myself. Asking myself why I didn't do this, that or the other. It becomes more and more apparent why I must stay in the moment -- right here. Now are where the healing needs to take place and where the power is.
2. I am discovering that if I scatter my energies I hinder the process and my progress. I allow myself the privilege of being an active participant in my healing which means concentrating and focusing on those things that bring me life, joy, laughter, and peace. Being aware of my mind, body and spirit keeps me grounded in the experience of my healing; allowing me to trust my instincts even when it comes to hearing advise from others; and to take this

advise and use it in my healing, combining the best of modern medicine and the ancient healing wisdom of indigenous people the world over.

3. I am also noticing a relationship emerging between my healing and the healing of Mother Earth. My healing is directly related to the universal healing of life beyond country borders, races and even religions, embracing humanity and Mother Earth.
4. There was never a doubt in my mind that I would continue on with the Trail of Dreams World Peace Walk; after all I walk for peace, for love and for **healing**. I made a commitment with Divine Spirit that I would do this walk I knew Divine Light would be with me here on the walk, or at home. So I remained in Holland.

Holland has been very good to me. We found out that the hospital I had surgery in is one of the top hospitals in the world for Cancer Research. The staff was very caring and capable. I am very thankful to the people of Holland for welcoming us there and allowing me the opportunity to heal. Thank you to all of my trail angels in Holland.

I give thanks to my angels, guides, nature spirits, spirit beings, and ancestors who have been with me guiding me through this part of my life journey. I am continuing to heal mind, body and spirit through alternative healing strategies. I would like to share with you my daily health practices that help me stay alive, alert enthusiastic about life, and full of Divine Light.

I invite you to visit my web site: www.karenhunterwatson.com

There are millions of women around the world who are diagnosed with breast cancer and many more who will never know due to the lack of adequate health care options. My prayer is that through my personal experiences during this time that I will be a ray of light for renewal and ultimate healing of humanity. This is my testimony to life and to the goodness of Divine Love that continues to teach me that **all things are possible if you believe and they are so when you know**. Know thyself ... Have faith in Divine Love ... and watch miracles happen in your life. I believe in miracles, do you?

Contact Karen, karen@karenhunterwatson.com, for her latest healing meditation CD:

To God Be the Glory

Music by Jon Ware of WareTech Studios: ***Grandmothers Healing Music***

Production Design: Audri Scott Williams

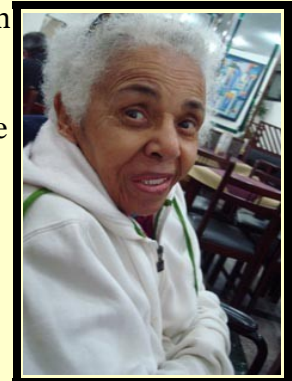


Mother Natalie

by Audri Scott Williams

Another story that continues to inspire and bring warmth to the hearts of those we meet along the Trail is Mother Natalie, who at nearly 80 years of age, is a member of the Trail of Dreams World Peace Walk. Everywhere we go people take a second look when we all come into a room or are walking along on a sidewalk. We never have to worry about getting her around because there is always a helping hand and a smile from a passer by.

Mom is such a vital member of this walk. Through her presence people are often reconnected to their heart, to the memory of their mother or grandmother and immediately all barriers drop and we are engaging heart to heart ... Peace in Action. There are certain core values that reach beyond politics, religion, culture and customs...our love for our mothers.



Survey: Is Mother Natalie the oldest African American woman to travel all the way around the world for a mighty cause--PEACE?

Respond to audri@audriscottwilliams.com



BGDer Rahfiya & her daughter Zenobia Join the Trail of Dreams World Peace Walk

by Rahfiya Carrion

World Peace--Making It Real

On October 2007, I gave up my life as I knew it to be to join The Trail of Dreams World Peace Walk. Many have asked me “why did I join such a journey with my three year old daughter”? My response is

“because it was a calling in my heart that I could not ignore”. I knew this calling would not be easy however, I gathered my inner strength and shifted our lives in alignment for joining the walk.

I have always wanted to travel the world with a purpose beyond being a tourist. So I took a leave of absence as a full time art education student from Georgia State University. I gave notice to my daughter's school of her last days of attendance. I donated all my material possessions and told my family that I will see them in a year and half.

This walk is not always easy. We have moments when the resources we depend upon are late in coming and we have to have faith that all we need is at hand. I am often faced with hidden fears, doubts and places within my self that call for nurturing. However, with each day I discover the true beauty of life through allowing myself to feel these voids within and consciously making a choice to change old patterns that limits me from experiencing a very abundant life.

I am learning that each person's willingness to feel, commit and heal is directly linked to creating a positive shift in the heart and mind of humanity. The peace that we seek in our world resides within. Everything we desire for our highest good is already in existence. The question I have discovered is; are we all truly willing to align ourselves and make the choices/changes in our daily lives to create a better world?

In addition, as I walk with the Trail of Dreams Team I am experiencing humanity's profound connection with the Mama Earth. Through learning how to embody this connection, I am becoming healed of my negative judgments of others and my feelings of being separate from the Divine. This earth is a living breathing force that continues to give of herself for our survival. And, hopefully, one day I can give like Mama Earth. **World Peace is possible! It is truly a decision for each individual to make within them selves. We are the peace leaders of a new tomorrow and by building nurturing relationships with ourselves, our families, our communities and our world --love can and will prevail.**

Note from the TDWPW Team

Our travels through Egypt, Greece, The Netherlands, Spain and now Morocco has taken us on an incredible journey in time from pyramids to the Acropolis; through ancient Moorish trade routes; through medinas and through customs, cultures and languages that exemplify the notion of diversity and in the midst of it all we have found community, love, joy and compassion. We have discovered the “center” at the crossroads between religious and cultural differences and now dance on the common ground where people are people; where mothers and fathers want the best for their children; where a smile warms the heart; and where kindness dissolves all barriers.

We appreciate the kindness of all those who continue to support us with your love, your prayers and your resources. We especially want to extend our gratitude to TDWPW Team members Tony Shina & Chandelle Binns; and to Nana Yaa Abraiye, Joan and Erik Stegeman, Merel Stegeman, Siddeeqah Sherif, Jon & Sarah Ware, Dr's Richard & Narvie Puls, Flora Hyde, Nick Ware, Jon & Jae Ware, Gene & Latonja Watson, Rayshonne Jones, Din Mustafa, Eboni Adams, Sulonda Smith, Janet Windwalker Jones, Dr. Mary Elizabeth Hargrow, John Preer, Jennie Trotter, Gloria Elder, Elizabeth Neal, Jumoke Kwesi, Starr Muranko, Morris Hamlin, IM Students, Agape International, Anne Devine, Audrey Cobb, Eleanor Pritchette, Dr.'s Lycurgus & Barbara Muldrow, Sandie ... To those of you who we may have missed, please email us and let us know so that we may recognize you. Again, thank you!



BGD - Ghana
July 21-27, 2008

Beyond the Global Divide Ghana, West Africa July 21 – 27, 2008 International Young Leaders Peace Summit

... Peace In Action

Opening Ceremony July 21, 2008

Welcoming by Nana Korantema Ayeboaf

Opening Keynote Address: Kimmie Weeks

Closing Keynote Address July 27, 2008: Michael Ware, BGD VisionKeeper

Location: One Africa Resort, Cape Coast, Ghana

www.oneafricaghana.com



BGD – Ghana Participant Cost:

\$350 per person: includes, lodging, breakfast, opening ceremony & buffet, transport to Cape Coast and Elmina Dungeons, airport pickup and drop off on 20/07/08 & 28/07/08 (only). Participants are responsible for meals (except daily breakfasts & the buffet during the opening ceremony), tips, personal needs and activities outside of the BGD Summit schedule, including the optional City Tour of Accra (at \$45 per person)

Payment Schedule:

February 20, 2008 - \$50

March 21, 2008 - \$125

April 21, 2008 - \$125

May 21, 2008 - \$50

*** Payments made after May 21st will incur an additional \$50 charge and will be accepted on a space available basis. Make your payment on line at: <http://www.spiritoftruthfoundation.com>**